

International School of Ouagadougou



**ATHLETIC HANDBOOK
FOR STUDENT-ATHLETES,
COACHES & PARENTS
2019-2020**

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1. ATHLETIC PROGRAM PHILOSOPHY

At ISO, the athletic program fosters involvement and enjoyment of interscholastic competition. The program emphasizes development of high-level competitive skills and strategies, teamwork, sportsmanship, and school spirit. The programs seek to motivate and challenge athletes while at the same time balancing those challenges with support, encouragement, a sense of belonging, and individual and team accomplishments. Athletic involvement helps students grow emotionally, mentally, and physically, promoting the overall well-being of the student-athlete.

At the elementary level, children are the recipients of programs and services to ensure that they are healthy, safe, engaged, supported, and challenged and also serve as partners in the implementation and dissemination of the ISO model. They learn fundamental motor skills to ensure a lifetime participation in sports. An essential part of this learning process is organized in physical education lessons and other sport activities during or after school time.

At the middle school level, participation and development of fundamentals will be emphasized, with the goal to play at the high school level. Middle school student-athletes will build skills, develop techniques and fundamentals, and physically condition themselves through competitive, participatory interscholastic contests. At the high school level, the objectives at the middle school level will be continued; however, more emphasis will be placed on victories, while maintaining personal, team, and school integrity as the essential priority.

2. EDUCATIONAL & PERSONAL BENEFITS OF ATHLETIC PARTICIPATION

There is a great deal of research that supports youth involvement in athletics. Some of the key benefits for student-athletes are to learn to:

1. Communicate in order to set individual and team goals.
2. Collaborate with everyone in order to develop teamwork skills.
3. Develop Critical Thinking to prioritize and deal with winning and losing.
4. Develop Creativity in sport to put body and mind together in balance.
5. Develop the sense of Community for the success of the whole.
6. Practice self-discipline in order to manage oneself under pressure.
7. Balance multiple commitments.

3. SPORTSMANSHIP PHILOSOPHY & GUIDELINES

ISO interscholastic competition should be governed by the basic principles of good sportsmanship. This document has been prepared to ensure that all participants have a good understanding of those basic principles.

Participation is as important as winning. Student-athletes should be coached to play to the best of their ability and to understand that to play to the best of one's ability is to play honorably. The promotion of sportsmanship is the obligation of all school personnel (administrators, teachers, athletic director, coaches, etc.) and is directed to the behavior of players, coaches, and spectators. Coaches' ethics is also an important component. The development of good sportsmanship through the practice of ethical behavior and moral reasoning is one of the acknowledged objectives of interscholastic athletics. Therefore, it is expected that administrators, teachers, coaches, student-athletes, and spectators will know and uphold the following fundamentals of sportsmanship:

1. Respect should be demonstrated for athletic opponents and for their school at all times. ISO should treat visiting teams and their supporters as guests and accord them the consideration everyone deserves. Visiting schools should respect the property and dignity of their host school and its athletic teams.
2. Respect should be demonstrated for the officials at all times. As impartial arbiters who are trained to do their jobs to the best of their ability, officials should be given respect and an attitude of good sportsmanship regardless of the outcome of the contest.
3. Knowledge of and a proper respect for the current rules of the competition should guide the behavior of all participants. Rules are essential for a fair competition. Good sportsmanship suggests the importance of conforming to the rules.
4. All participants should strive to maintain self-control at all times. The desire to win cannot be accepted as a reason for irrational behavior. A proper perspective must be maintained if the potential educational values of athletic competition are to be realized.
5. All participants should learn to recognize and appreciate skill in performance regardless of school affiliation. Recognition of the good performance of an opponent is a demonstration of generosity and goodwill that is encouraged. In order for good sportsmanship to prevail, it is essential that all students understand their responsibilities and expected modes of behavior before, during, and after games.

4. REQUIREMENTS FOR PARTICIPATION OF ALL STUDENT-ATHLETES

1. A student-athlete must have on file a current physical examination (physicals are good for two years), issued by a licensed practitioner.
2. The student-athlete and parent must fill out and sign the *Athletic Informed Consent Agreement* document (can be found on page 19).
3. A 20,000 F CFA season fee is required per sport. That fee will be used to purchase uniforms for the athletes. The uniform is the property of the student-athlete.
4. When applicable, a uniform contract must be signed by the student-athlete and the parent prior to the first game of the season.
5. Student-athletes must be enrolled full-time at ISO to be eligible to attend any WAISAL tournament.
6. Student-athletes must hold an overall 2.0 GPA (C average) (as determined in the semester before a desired activity/athletic team even takes place) and not fail (i.e. receive an F grade) a class in the quarter before the activity/sport takes place to participate in any school extracurricular activity. Eligibility for local, regional, national, and international travel will be determined by the two previous grading periods (i.e. midterm and previous finals semester grade). An "Incomplete" grade will be considered a failing grade until all work is completed. Student-athletes who are academically ineligible may attend practices; however, will not be able to participate in competitions or travel with the team while ineligible.
7. A student who is ineligible for two consecutive grading periods will forfeit all privileges to participate in ISO athletics until the GPA (average at a C) improves in the next grading period.
8. All athletes returning from a WAISAL tournament must attend classes the next day. Exception will be made only for students who prove incapacity to be in class and upon approval from the principal. In WAISAL schools, there is no day off after a trip.

5. INTERSCHOLASTIC COMPETITIVE SPORTS

The interscholastic competitive sports program at ISO consists of five high school sports and four middle school sports and a MathCounts® sponsored WAISAL event. Practices will be staggered so that the facilities are being utilized efficiently and allows for maximum number of student-athlete involvement. Each sport season will consist of several preparatory matches, an ISO tournament, and a WAISAL sponsored tournament at the end of the season.

WAISAL CALENDAR 2019 – 2020

<i>Event</i>	2019/2020	Back Up	Proposed Dates	Season Length 19/20	First Practice	
HS Volleyball	LCS	AISL	1/2 Nov	8 weeks	Sept. 05	Oct - Nov
MS Soccer	AISL	ISD	8/9 Nov	9 weeks	Sept. 05	Oct – Dec.
Swimming	ICSA	LCS	22/23 Nov	11 weeks	Sept. 05	Oct - Nov
Band	ISD	AISL	6-8 Feb		Sept. 05	Jan - Mar
HS Basketball	ASOY	LCS	13-15 Feb	10 weeks	Sept. 05	Jan - Mar
MS Volleyball & Math Counts	ICSA	AISA	20-22 Feb	11 weeks	Sept. 05	Jan - Mar
HS Soccer	AISL	ICSA	16-18 Apr	8 weeks	Sept. 05	Jan.- Apr.
MS Basketball	ISD	LCS	24-25 Apr	7 weeks	Sept. 05	Jan. - Apr

SOFTBALL

Events	Dates	Place
Local Tournament	Oct. 17, 2019	Ouagadougou
NUTS	TBA	Niamey
SOFANWET	Feb 15 – 16, 2020	Ouagadougou

6. GUIDELINES FOR ATHLETICS

1. A student must be currently enrolled as a full-time student at ISO in order to participate in the athletic program.
2. Student-athletes must maintain a minimum 2.0 GPA (C average) in order to participate in athletics. Research has shown that completely eliminating students' possibility of participating in athletics in order to recover academically is counterproductive. Therefore, students will be permitted to train and practice if they do not meet the minimum 2.0 GPA (C average); however, the student-athletes who do not meet the minimum requirement will not be permitted to participate in interscholastic competitions (meaning games not practices) for 2 weeks when a grade check will take place in order to demonstrate that the requirement is met.
3. Student-athletes must abide by all of the rules of the *ISO Student-Parent Handbook* or face disciplinary action determined by the administration, the Athletic Director, and the student-athlete's coach. Should administrative disciplinary action be required for any infraction of school rules, the Athletic Director and the coach(es) will be notified and the student-athlete could face suspension from practices and or interscholastic competitions based on the severity of the infraction as determined by the Director, the Athletic Director, and the coach(es).
4. Practices are after school between the times of 3:30-5:50 pm. Some sports may extend trainings to Saturday morning.
5. Student-athletes are expected to be at ALL practices and competitions unless he/she has pre-arranged the absence (for academic, medical, family reasons) with the coach 24 hours in advance.
6. Student-athletes must attend a half day of classes as a requirement for participation in the competition that day or evening (or half day on Friday if the competition is on a Saturday).
7. An unexcused absence from practice or competition will result in loss of playing time or no playing time at all in subsequent competition(s) following missed practices or competitions.

8. A student-athlete may ride home with and only with his/her parent after a competition that takes place off campus. Student-athletes will *not* be released to nannies, drivers, or stewards under *any* circumstances at away competitions. Student-athletes will need to return to ISO campus in order to leave with anyone besides a parent. If a student-athlete is riding home to the same compound with another parent, the student-athlete must have written permission indicating the agreement and parental permission and responsibility 2 school days in advance to the Athletic Director in order to document those arrangements.
9. Unless coaches, parents, or team parents have made arrangements for snack and water, student-athletes are expected to bring their own to meet their nutritional needs for athletic competition.
10. Student-athletes will abide by the *Student-Athlete's Code of Conduct & Ethics* as outlined and beginning on page 9 of this handbook.
11. We encourage elementary students to participate in outdoor extracurricular activities, such as soccer, badminton, touch rugby, karate. That helps them explore and develop skills which are beneficial throughout their lives. By participating in sports, children are exposed to various mental, social, emotional, physical and educational benefits. Some of these benefits are:
 - Camaraderie
 - Learning to lose
 - Respecting authority
 - Controlling emotions
 - Self-esteem
 - Patience and dedication
 - Working together and resilience.

7. RESPONSIBILITIES OF THE STUDENT-ATHLETE

An athletic tradition at ISO is not built overnight, as it takes years of hard work and many people for many years. As a member of an interscholastic program, the student-athlete inherits the responsibility to uphold and build this tradition.

The tradition at ISO should be for the athlete to win with honor, dignity, and respect. We are competitive and desire to win but only through hard work. To build such a tradition involves the best efforts of all. We seek to be victorious at tournaments, championships, and set records, through our athletic achievements. It is important that ISO student-athletes understand their responsibility to ISO and to the tradition that follows. When involved in ISO athletics and wearing the school colors, we trust that every individual understands how they are a part of a tradition and are willing to take responsibility for it.

ISO student-athletes have a responsibility to:

1. **Oneself**—to broaden one’s view of the world and one’s place in it. Student-athletes will grow in personal strength and character. There are many lifelong character traits that can be developed and lifelong lessons that can be learned through participation in athletics. It is to the student-athletes’ benefit to reap the greatest possible good from his/her school experiences. Studies and participation in other extracurricular activities in addition to athletics prepare student-athletes for life as a responsible adult in the world community.
2. **Team**—to make your team proud to have you as a member. Student-athletes will learn to work towards the greater good. In addition, student-athletes will develop a sense of one’s role in a group, identifying personal strengths and challenges in order to gain the most from work as a team. Recognition and respect for those strengths and challenges will transfer into invaluable lifelong skills.
3. **Coaches**—Many hours of time and effort go into planning and orchestrating athletic teams. Coaches seek to ensure a successful athletic season. Student-athletes should show respect for the coach’s role by making a consistent effort to:
 - a. Be on time to practices and competitions.
 - b. Take care of equipment.
 - c. Communicate responsibly and respectfully with coaches
 - d. Recognize that coaches have made a commitment to each student-athlete and the team as a whole
 - e. To support the coaches and teammates in every way possible.

4. **School**—to contribute to making every day at ISO a great day. Student-athletes do their best on and off the field in order to promote the school’s reputation and opportunities for involvement and pride. Student-athletes take on a leadership role through their participation in the athletic program, and therefore will be held to a high standard of behavior and attitude. They will be highly visible to the student body and members of the greater ISO community and beyond. Others will look to student-athletes as exemplars of the school. Make ISO proud.

8. ATHLETIC PROGRAM GOAL & OBJECTIVES

Goal: The student-athlete will become a more effective global citizen by developing a sense of self-awareness, leadership skills, “big picture” consciousness, and respect for others.

Objectives:

1. To understand the concept of teamwork—to work with others through the development of self-discipline, respect for authority, and a spirit of hard work and sacrifice. Student-athletes must place the team and its objectives at a higher priority than personal desires.
2. To have fun—to enjoy their participation and experience in athletics. Recognition of the personal rewards we derive from athletics is equally important.
3. To be successful—to function within a competitive world, where not everyone wins all the time and success is not measured in wins alone. Acceptance of defeat is a valuable lifelong ability to possess, combined with the desire and commitment to improve.
4. To be a good sport—to accept success and defeat as a true sportsperson by knowing that one has put forth one’s best effort and performance. To treat others as one wants to be treated.
5. To improve—to continue to grow as a person and member of the community. The establishment of goals and consistent effort to achieve them is crucial. Student-athletes and coaches will strive to better themselves individually, as a whole, and as an athletic program in skill, performance, and character.
6. To develop good personal health habits—to be an active, contributing participant by obtaining a high degree of physical fitness through exercise and good health habits. Student-athletes will endeavor to maintain that level of health outside of the formal athletic season and incorporate it in their adult lives.

9. STUDENT-ATHLETE CODE OF CONDUCT & ETHICS

Student-athletes are admired and respected members of the ISO community. They have the opportunity to exert a great deal of influence on the actions and behavior of others. Therefore, it is important that the student-athlete embrace the following code of conduct and ethics:

1. To place academic achievement as the highest priority.
2. To manage schedule to ensure sufficient time, energy, and focus to academics.
3. To embrace the highest ideals of sportsmanship, ethical conduct, and fair play.
4. To show courtesy and respect to visiting teams, officials, teammates, parent drivers, and coaches at all times.
5. To thoroughly understand and uphold the rules of the game.
6. To refrain from the use of language that degrades, baits, or intimidates others.
7. To treat the coach with respect, and to discourage fans, fellow students, and parents from undercutting the coaches' or officials' authority.
8. To represent yourself, your parents, your school, and the community with proper conduct at all times, on or off the playing field.
9. To dedicate yourself to being a student-athlete. Be aware that nothing worthwhile is accomplished without hard work and the sincere desire to succeed. This means making a commitment to attend all practices and games, and being willing to sacrifice one's own desires for the good of the team.
10. To exercise self-control at all times in the form of accepting the judgment of officials, decisions made by coaches, and/or poor sportsmanship of an opponent. Athletes should never argue or make gestures indicating lack of respect for officials, coaches, or opponents.
11. To accept victory and defeat with pride and compassion by congratulating opponents and teammates sincerely regardless of the outcome of any competition; to win with character and to lose with dignity.
12. To accept seriously the responsibility and privilege of representing ISO and its community.
13. To follow rules as established by the sport itself, the coaches, and ISO.
14. To make smart choices and refrain from using all chemical substances such as tobacco, alcohol, or illegal drugs.
15. To return all athletic equipment clean and on time. The student-athlete will be held responsible for any lost or damaged equipment while in the student-athlete's possession.
16. To return to school promptly after a WAISAL event. Students cannot decide on their own to skip a class after a WAISAL participation.

10. STUDENT-ATHLETE RULES & REGULATIONS

Student-athletes are expected to abide by the *Code of Conduct and Ethics* and the *ISO Student-Parent Handbook*. The following fall under inappropriate behavior:

1. Taunting officials, coaches, opponents, teammates, or spectators.
2. Violation of bench rule—when a student-athlete leaves the bench area and is involved in an altercation in the playing area or in the spectators' area—which will result in suspension from participation in the ISO athletic program for a minimum of two seasons.
3. Use of profanity.
4. Damage or destruction of property.
5. Theft of school or personal property.
6. Ejection from athletic competition—will result in suspension for two competitions and a second ejection will lead to the suspension for the rest of the athletic season.
7. Suspension from school—will result in automatic suspension for a minimum of two competitions and a second suspension will result in the suspension from athletic participation for the rest of the athletic season.
8. Use of tobacco, drugs, or alcohol*.

*Student-athletes of ISO shall not possess, use, sell, give, or otherwise transmit or be under the influence of any drug, counterfeit drug, the possession of which is prohibited by law. This includes narcotic or hallucinogenic drugs, alcohol, amphetamines, steroids, cocaine, or intoxicants of any kind. The use or possession of any tobacco product is also prohibited. This rule applies at any school sponsored athletic event—before, during, or after school, on the van/bus before, during, or after competitions, whether at home or away, and will be enforced per policies indicated in the *ISO Student-Parent Handbook*.

A student-athlete's failure to abide by the *Student-Athlete Code of Conduct and Ethics* or violate the *Student-Athlete Rules and Regulations* will result in the following possible disciplinary actions as deemed by the administration, Athletic Director, and coaches:

1. Benching.
2. Removal from competition.
3. Suspension for a portion or all of the remaining athletic season—A student-athlete under suspension may not sit with the team on the bench, enter the locker room, or be affiliated with the team in any way while traveling to, during, or after the competitions.
4. Restitution.
5. Conference or hearing with administration.
6. Violations of the *Handbook* will result in disciplinary action as outlined therein.

11. AWARDS

Each sport will give awards for the Most Valuable Player (MVP), Most Improved Player (MIP), and the Coaches' Award for Most Dedicated, and Most Inspirational. In addition, each year the Athletic Director in conjunction with the coaching staff will award two awards at the end of the academic year. These awards are Female Athlete of the Year and Male Athlete of the Year.

12. CAPTAINS

Leadership on an athletic team is crucial to the success and improvement of a team as a whole. Captains are chosen either by a student-athlete vote or by the coach and consulted on with the Athletic Director. Because of the heightened level of leadership, captains must adhere to higher standards and expectations for behavior and comportment. Captains will:

1. Lead by example in practice by being the hardest workers in drills and games, being punctual, having all of their gear, and being at practice consistently.
2. Be diligent in their academic work.
3. Exhibit a high level of sportsmanship in practice and competitions.
4. Be model citizens in the ISO community and beyond.
5. Motivate peers to excel in practice, competitions, and in the classroom.
6. Be an extension of the coach in practice, competitions, and in the classroom.
7. Participate in conversations with the coaching staff about the needs of the team.

Possible responsibilities of captains might include:

1. Leading daily warm-up and stretching routines.
2. Running basic drills under the supervision of the coach.
3. Talking with the coaches about what it means to be a leader, how to positively motivate, and how to help set the tone for practices and competitions.
4. Helping to plan and run team get-togethers outside of school.
5. Helping to coordinate the end of the season awards party.
6. Discussing team policies and decisions.

Coaches will make the expectations and responsibilities clear to the captains from the beginning. They will also communicate to the team that the captains do have real authority and will be backed by the coaches if a student-athlete treats them with disrespect or disregards their encouragement or correction (of course, assuming the captain has not abused the position). The coaches will hold regular meetings with their captains to do follow up about their performance and provide constructive feedback as to how their leadership skills can be further enhanced. If a captain does not take the above expectations and responsibilities seriously, he/she may be removed from the position of the authority by the coaching staff.

13. COACHES' CODE OF CONDUCT & ETHICS

Coaches bear the greatest responsibility for the development of sportsmanship, as they have the greatest influence on the attitudes and behaviors of student-athletes, the student body, and the ISO community. Coaches must value sportsmanship and teach it through their words and through the example they set. Therefore, coaches must abide by the following code:

1. To embrace the goals and ideals of ISO interscholastic athletic program philosophy.
2. To embrace the highest ideals of sportsmanship, ethical conduct, and fair play.
3. To treat the players and parents with respect.
4. To show courtesy and respect to visiting teams, officials, teammates, parent drivers, and coaches at all times.
5. To refrain from the use of language that degrades, baits, and intimidates others.
6. To communicate schedule changes to the team parents and student-athletes as quickly as possible.
7. To communicate with classroom teachers to minimize academic interruptions.
8. To be punctual to practices and competitions.
9. To thoroughly understand and uphold the rules of the game.
10. To exercise self-control at all times in the form of accepting the judgment of officials, decisions made by coaches, and/or poor sportsmanship of an opponent. Student-athletes should never argue or make gestures indicating lack of respect for officials, coaches, or opponents.
11. To accept victory and defeat with pride and compassion by congratulating opponents and players sincerely regardless of the outcome of any competition.
12. To accept seriously the responsibility and privilege of representing ISO and its community.
13. To follow rules as established by the sport itself, the Athletic Director, and ISO.
14. To represent yourself, your school, and the community with proper conduct at all times, on or off the playing field.
15. To dedicate yourself to being a coach in the ISO athletic program. Be aware that nothing worthwhile is accomplished without hard work and the sincere desire to succeed. This means making a commitment to the student-athletes and being willing to sacrifice one's own desires for the good of the team.

14. COACHES' EXPECTATIONS

Student-athletes should expect their coaches to do the following:

1. Establish team rules beyond the student-athlete *Code of Conduct and Ethics* that create the type of “field/gym culture” desired.
2. Teach the value of respecting and following rules.
3. Instill team discipline and sportsmanship with appropriate consequences for team members who display inappropriate behavior.
4. Instruct student-athletes in the fundamentals of sportsmanship.
5. Respect officials’ judgment and interpretation of the rules of the sport.
6. Demonstrate publicly the ideals of good sportsmanship.
7. Support student-athletes’ effort and progress in academics.
8. Abide by the *Coaches’ Code of Conduct and Ethics*.
9. Make the sport fun.
10. Lead and motivate student-athletes to bring out the best in themselves.
11. Model behaviors they expect.
12. Care about student-athletes beyond the sport.
13. Not to get mad at the student-athlete personally.
14. Communicate clearly what is necessary for improvement.
15. Remain after practice has ended to ensure that all students have a ride home.

Student-athletes should expect their coaches to avoid the following inappropriate behavior:

1. Use of profanity.
2. Ejection from competition.
3. Berating of officials, other coaches, opponents, players or spectators.
4. Inciting spectators and/or players to behave inappropriately.
5. Violation of coaches’ area rule—when a coach leaves the designated coaches’ area and is involved in an altercation in the playing area or in the spectators’ area—which will result in suspension from coaching in the ISO athletic program for a minimum of two seasons.
6. Damage or destruction of property.
7. Theft of school or personal property.
8. Ejection from athletic competition—will result in automatic suspension for a minimum of two competitions and a second ejection will result in the suspension for the rest of the athletic season.

15. COACH EXPECTATIONS FOR PARENTS

Parents play a vital role in the athletic experience of their children by supporting the coaches' expectations of the student-athletes. Therefore, coaches should expect parents to:

1. Get child to practice and competitions and pick them up from practice and competitions on time.
2. Supervise *all* children before *and* after practice and competitions, as there is no supervision available when students are not in an organized activity (i.e. younger siblings waiting unsupervised for an older sibling to get out of practice or competition or vice versa is *not* acceptable and is *not* the School's responsibility).
3. Leave coaching decisions to the coach's discretion and judgment (positions, strategy, playing time, etc.).
4. Make an appointment with coach for a time that is convenient for both parties in order to discuss a problem, issue, or concern (not before, during, or immediately after practices or competitions).
5. Exercise good sportsmanship.
6. Know that coaches sometimes make mistakes, but that they are working hard for the success of the team and the individual growth of the student-athlete
7. Encourage their child to talk to the coach directly if they have a problem, issue, or concern.
8. Support coach's techniques, drills, expectations, and directives when the child complains or address them in a professional manner with the coach otherwise.

16. PARENTS' CODE OF CONDUCT & ETHICS

1. To embrace the highest ideals of sportsmanship, ethical conduct, and fair play.
2. To show courtesy and respect to visiting teams, officials, teammates, team parents, peers, and coaches at all times.
3. To support the coaching staff at ISO, to refrain from undermining their authority or criticizing them in public, and to approach coaches in private to discuss concerns or suggestions related to your child or the team.
4. To refrain from entering the playing area (field or court), standing on the sidelines, or yelling instructions to the coach or players from the sidelines.
5. To work with coaches to help adjust schedules, recognizing that some changes are beyond our control.

17. TEAM PARENT GUIDELINES

A Team Parent provides logistical support for the coaching staff. Each team will have one team parents identified by the coach and Athletic Director. The Team Parent's responsibilities are the following:

1. Compile a team roster to include: athletic jersey number, full name (as it appears on the passport), phone numbers, parents' names, parents email addresses. This will be distributed to all student-athletes and coaches with additional copies.
2. Distribute this handbook to those who did not receive one at the Coach/Parent meeting.
3. Create a phone tree for emergencies and schedule changes.
4. Supply game schedules for all student-athletes to include: date, time, location, map, and directions to away games.
5. Coordinate drink/snack schedules for pre/during/post competitions.
6. Coordinate with coaching staff the end of the season activities for the team to include awards, gifts, and team party.
7. Ensure that team pictures are taken and given to the Yearbook Editor.
8. Facilitate communication between parents and coaches, with the exception of grievances, which should be taken care of via the Grievance Policy contained in this handbook.
9. Coordinate with the coach any purchases of team sweats, warm-ups, and shirts. All apparel designs require approval from the Athletic Director.
10. Any decorations by team parents to be posted on ISO grounds also require the Athletic Director's approval.

18. GRIEVANCE POLICY

When problems, issues, or concerns arise, the following are to be contacted by the student-athlete him/herself in this order:

1. Coach within 24 hours
2. Athletic Director
3. Director

Documentation of grievance should be created.

19. SPECTATOR EXPECTATIONS

Spectators' behavior and reactions play an important part in their school's reputation for sportsmanship. Spectators should keep in mind that the competition is arranged for the teams and not the spectators. All spectators should embrace the following:

1. Know and demonstrate the fundamentals of good sportsmanship.
2. Respect, cooperate with, and respond appropriately to the judgment and professionalism officials, all student-athletes (home and opponent), coaches, and other spectators.
3. Censure fellow spectators whose behavior is inappropriate.
4. Be positive toward student-athletes and coaches regardless of the outcome of the contest.

Spectators should consider the following inappropriate behavior:

1. Verbal and/or physical abuse of officials, coaches, student-athletes, or other spectators.
2. Berating officials, coaches, student-athletes, or other spectators through chants, signs, and/or cheers.
3. Interrupting the competition by behaviors such as throwing objects onto the playing area, entering the playing area and/or other disruptive behavior.

A spectator's failure to follow these expectations will result in disciplinary action that can include the following:

1. Removal from the competition.
2. Conference or hearing with school officials.
3. Banning from future athletic competitions.
4. Violations of ISO *Student Handbook* will result in disciplinary action as outlined therein.
5. Entering onto the playing area may result in a suspension from *all* future athletic competitions for one calendar year.

ATHLETIC INFORMED CONSENT AGREEMENT

PRINT and RETURN the signed Agreement to the ATHLETIC OFFICE

Student-Athlete's Name _____ Grade _____

As a student-athlete:

- I fully understand and agree that participation in athletic activities at the International School of Ouagadougou is a privilege that may be withdrawn for violations of the *Athletic Handbook for Student-Athletes, Parents, and Coaches*
- I have read the *Athletic Handbook for Student-Athletes, Parents, and Coaches* and thoroughly understand the consequences that I will face if I do not honor my commitment to it and by extension the ISO athletic program and its tradition.
- I realize that there is risk of injury in participating in athletic events.
- I recognize this is as a binding agreement while a student-athlete at ISO.

Student-Athlete Signature _____ Date _____

As a parent of a student-athlete:

- I have read the *Athletic Handbook for Student-Athletes, Parents, and Coaches* and understand my child is a responsible participant in the athletic activities at the International School of Ouagadougou
- I pledge to promote healthy lifestyles for student-athletes at ISO.
- I realize that there is an assumed risk of injury involved for my child as a participant in ISO athletic activities.
- I recognize this as a binding agreement while my child is a student-athlete at ISO.

Parent Signature _____ Date _____

This agreement must be signed and on file with the Athletic Director before a student-athlete may participate in athletics at ISO.

For Office Use

Boy's / Girl's	Softball MS & HS CoED	Volleyball MS CoED / HS	Swimming HS / MS / Elem	Basketball HS	Soccer HS / MS	Band HS/MS
Fees Paid						

Protocol around the pool area

1. There must always be an adult nearby when the pool is open.
2. Everyone follow the rules on the board with no exception.
3. At least two staff supervise students at swimming and water activities.
4. The minimum overall staff-student ration should be: 1/10.
5. A teacher employed by the Department or the school council must be in attendance and have overall responsibility for the activity and legal responsibility for emergency procedures.
6. Other supervising staff must be approved by the principal. These may include parents/guardians, education support class officers, instructors or employees of swimming pools.
7. Each staff member is positioned to account for all students in their respective swimming groups at all times